Initial

JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31	1	**2**
3	4	5	6	7	8	**9**
10	11	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	25	26	27	28	29	**30**
31						

content ideas & notes

Initial

FEBRUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
24	25	26	27	28	29	30
31	1	2	3	4	5	**6**
7	8	9	10	11	12	**13**
14	15	16	17	18	19	**20**
21	22	23	24	25	26	**27**
28						

content ideas & notes

Initial

MARCH 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	1	2	3	4	5	**6**
7	8	9	10	11	12	**13**
14	15	16	17	18	19	**20**
21	22	23	24	25	26	**27**
28	29	30	31			

content ideas & notes

Initial

APRIL 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	1	2	**3**
4	5	6	7	8	9	**10**
11	12	13	14	15	16	**17**
18	19	20	21	22	23	**24**
25	26	27	28	29	30	

content ideas & notes

Initial

MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	29	30	**1**
2	3	4	5	6	7	**8**
9	10	11	12	13	14	**15**
16	17	18	19	20	21	**22**
23	24	25	26	27	28	**29**
30	31					

content ideas & notes

Initial

JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31	1	2	3	4	**5**
6	7	8	9	10	11	**12**
13	14	15	16	17	18	**19**
20	21	22	23	24	25	**26**
27	28	29	30			

content ideas & notes

Initial

JULY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	1	2	**3**
4	5	6	7	8	9	**10**
11	12	13	14	15	16	**17**
18	19	20	21	22	23	**24**
25	26	27	28	29	30	**31**

content ideas & notes

Initial

AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	**7**
8	9	10	11	12	13	**14**
15	16	17	18	19	20	**21**
22	23	24	25	26	27	**28**
29	30	31				

content ideas & notes

Initial

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	1	2	3	**4**
5	6	7	8	9	10	**11**
12	13	14	15	16	17	**18**
19	20	21	22	23	24	**25**
26	27	28	29	30		

content ideas & notes

Initial

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	30	1	**2**
3	4	5	6	7	8	**9**
10	11	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	25	26	27	28	29	**30**
31						

content ideas & notes

Initial

NOVEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31	1	2	3	4	5	**6**
7	8	9	10	11	12	**13**
14	15	16	17	18	19	**20**
21	22	23	24	25	26	**27**
28	29	30				

content ideas & notes

Initial

DECEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	1	2	3	**4**
5	6	7	8	9	10	**11**
12	13	14	15	16	17	**18**
19	20	21	22	23	24	**25**
26	27	28	29	30	31	

content ideas & notes